The policy and standards for healthy food and drinks in all Public Schools are based on:


* A whole school approach which includes canteen workers, principals, teachers, students and parents/carers

A ‘traffic light system’ for rating the suitability of food and drinks:

✓ **GREEN** – fill the menu

> **AMBER** – select carefully

x **RED** – off the menu

For more information visit [http://www.det.wa.edu.au/healthyfoodanddrink](http://www.det.wa.edu.au/healthyfoodanddrink)
Volunteers help keep canteen costs down and our prices low

2017 MENU

THE CANTEEN IS CLOSED ON MONDAY’S AND TUESDAY’S UNTIL FURTHER NOTICE

RECESS
✓ Cheesies $1.50
> Hash Brown Ovals (baked) $1.00
✓ Chicken Munchies (baked) bag $3.00
> Wedges (baked) bag $2.50

Senior Campus Only
✓ Subs - Chicken or Ham $2.00
✓ Pinwheels (homemade) Vegemite $1.50
✓ 1/2 a Hot Dog (with Cheese) $3.00
✓ 1/2 Wraps - chilli tender $2.50
✓ Chicken Nuggets (5 nuggets per serving) $3.00

SNACKS
✓ Red Rock Potato Chips $2.00
Honey Soy Chicken, Sea Salt

FROZEN TREATS
✓ GC Juicy Ice Sticks $0.80
> Vanilla Bucket Ice cream (low fat) $1.50
> Moosies $2.40

DRINKS
✓ Water 600ml $2.00
✓ LOL (sparkling fruit juice can) $2.70
✓ Juice Box 250ml (orange, tropical, apple) $2.00
✓ BROWNES flavoured Milk 300ml $2.20
✓ Plain Milk $1.60

Senior Campus Only
✓ BROWNES Flavoured Milk 600ml $4.20

LUNCHES - EVERYDAY

ROLLS / WRAPS / SANDWICHES
Bread and rolls - white, wholemeal and multigrain
✓ Chicken & Salad $5.50
with lettuce, tomato, carrot & cucumber
✓ Cheese & Salad $4.50
✓ Ham & Salad $5.50
✓ Egg & Salad $4.50
✓ Chicken, Cheese & Mayo $4.50
✓ Egg Curried $4.00
✓ Plain Egg $3.50
✓ Ham, Cheese and Tomato Toasted $5.00
✓ Ham & Cheese Toasted $4.50
✓ Cheese toasted $2.60
✓ Vegemite $2.50
✓ Vegemite & Cheese $2.20

BURGERS AND HOT FOODS
✓ Chicken Chilli Tender Burger (2 tender strips) $6.00
✓ Junior Chilli Tender Burger (1 tender strip) $4.50
with lettuce, tomato, carrot, cucumber & mayo
✓ Fish Burger $6.00
✓ Hot Chicken & Mayo roll - Junior $3.50
✓ Hot Chicken & Mayo roll $4.50
✓ Beef Lasagna $5.50
✓ Beef Travellers Pie $3.70
> Hot Dog - Junior with sauce $3.00
Hot Dog with sauce $4.00
Mrs Mac’s snack pie $1.50
Sausage Roll $3.00
add sauce $0.30

AVAILABLE ONLY ON FRIDAY

SIGNUP
1. Go to Register Page
2. Fill in the form and select Submit
3. You will receive an email with instructions in order to confirm your email address and activate your account

Get started
1. Enter your Login and Password to login to the website.
2. Select the “Add Child” tab. Make sure to fill out all your child’s details before selecting “Next”
3. Select the “Add Credit” tab to add credit to your account.
4. Select the “Add Order” tab to add an order.

Order
1. Select child
2. Select date
3. Select the meals you would like to order and add them to the order
4. Confirm the order or if you have more than one child, click “Confirm and Place New Order” Tab.

Once you have confirmed the order, you will receive a confirmation email from Our Online Canteen. You can also double check your order by clicking either the “Active Orders” tab or the “Transaction History” tab.

If you have any issues or concerns, or have any queries, please email Our Online Canteen at info@ouronlinecanteen.com.au or call 1300 11 66 37.