



The DDHS Canteen is proudly owned and operated by the  
**DONNYBROOK DHS  
P&C ASSOCIATION**

PO BOX 152  
Donnybrook 6239  
Canteen Manager: Marcia Hall  
Junior Campus 9731 0025  
Senior Campus: 9731 1457  
Email: ddhscanteen@gmail.com



### Your Canteen is now online with Our Online Canteen!

[www.ouronlinecanteen.com.au](http://www.ouronlinecanteen.com.au)

Sign up now and you can join thousands of families Australia wide in using this simple online ordering system for you child's canteen orders.

#### Signup

1. Go to Register Page
2. Fill in the form and select Submit
3. You will receive an email with instructions in order to confirm your email address and activate your account

#### Get started

1. Enter your **Login** and **Password** to login to the website.
2. Select the **"Add Child"** tab. Make sure to fill out all your child's details before selecting "Next"
3. Select the **"Add Credit"** tab to add credit to your account.
4. Select the **"Add Order"** tab to add an order.

#### Order

1. Select child
2. Select date
3. Select the meals you would like to order and add them to the order
4. Confirm the order or if you have more than one child, click "Confirm and Place New Order" Tab.

Once you have confirmed the order, you will receive a confirmation email from Our Online Canteen. You can also double check your order by clicking either the "Active Orders" tab or the "Transaction History" tab. If you have any issues or concerns, or have any queries, please email Our Online Canteen at [info@ouronlinecanteen.com.au](mailto:info@ouronlinecanteen.com.au) or call 1300 11 66 37.

Schools and their canteen or food service are well placed to support healthy eating and in fact have a vital role to play in helping to reduce the worldwide epidemic of childhood obesity.

Children should eat a wide range of foods so that they have the energy for learning and growing. A 'traffic light' system is in place to help public schools plan menus full of healthy, nutritious and affordable food and drinks.



GREEN category are encouraged. Schools should aim to fill their menus with these healthy foods.



AMBER foods should be selected carefully and eaten in moderation.



RED food and drinks are off the menu and will not be available in public schools.

Nutrition and physical activity messages are being taught in the classroom to promote healthy lifestyles. The standards for healthy food and drink choices in public schools are consistent with these curriculum messages and apply to canteens and food services, class treats and cooking activities, school camps and excursions.

Parents are encouraged to use the GREEN AMBER RED system at home too.

# DDHS P&C SCHOOL CANTEEN – TERM 2 MENU

## OPEN: WEDNESDAY, THURSDAY AND FRIDAY RECESS AND LUNCH

### RECESS

✓ Pizza Sub	\$2.00
✓ Cheesie	\$1.50
> Hash Brown Ovals (baked)	\$1.00
> Wedges (baked) bag	\$2.00
> Homemade Muffin	\$1.00
✓ Popcorn	\$1.00
✓ Red Rock Potato Chips	\$2.00
#Honey Soy Chicken #Sea Salt	

### FROZEN TREATS

✓ GC Juicy Ice Sticks	\$0.80
✓ GC Juicy Ice Stick (Half)	\$0.40
> Vanilla Bucket Ice cream (Low fat)	\$1.50
> Moosies	\$2.40
> Moosies (Half)	\$1.20

### DRINKS

✓ Water 600ml	\$2.00
✓ LOL (Sparkling fruit juice can)	\$2.80
✓ Juice Box 250ml (Orange, tropical, apple)	\$2.00
✓ MOO UHT Flavoured Milk 200ml (Chocolate, strawberry & banana)	\$2.00
✓ Plain Milk	\$1.60
✓ Brownes 300ml Flavoured Milk	\$2.20
<b>Senior Campus Only</b>	
✓ BROWNES Flavored Milk 600ml	\$4.20

### FRIDAY ONLY SPECIALS

> Spinach & Ricotta Roll	\$3.50
> Beef Traveller Pie 160g	\$3.70
> Beef Party Pie	\$1.50
> Sausage Roll	\$3.00
Add Tomato Sauce	\$0.30

Contact Canteen Staff if you can  
Volunteer.

Volunteers help keep canteen prices low!  
Junior Campus: 9731 0025

- ✓ GREEN – fill the menu
- > AMBER – select carefully

### ROLLS / WRAPS / SANDWICHES

Bread and rolls: White/ wholemeal/ multigrain

Salad: Lettuce, tomato, cucumber, carrot & mayo

	Sandwich	Roll/ Wrap
✓ Egg & Salad	\$4.00	\$4.50
✓ Curried Egg	\$3.50	\$4.00
✓ Chicken & Salad	\$5.00	\$5.50
✓ Cheese & Salad	\$4.00	\$4.50
✓ Ham & Salad	\$5.00	\$5.50
✓ Ham & Cheese	\$3.00	\$3.50
✓ Chicken, Cheese & Mayo	\$4.00	\$4.50
✓ Vegemite	\$1.00	\$1.50
✓ Butter Only	\$0.50	\$1.00
✓ Add Cheese	\$0.50	\$0.50

### TOASTED SANDWICHES

✓ Ham, Cheese & Tomato Toasted	\$4.00
✓ Ham & Cheese Toasted	\$3.50
✓ Cheese & Tomato Toasted	\$3.50
✓ Cheese Toasted	\$3.00
✓ Chicken, Cheese & Mayo	\$4.50

### BURGERS AND HOT FOODS

Salad: Lettuce, tomato, cucumber, carrot & mayo

✓ Beef Lasagna	\$5.50
✓ Lean Beef Burger (Patty, salad & sauce)	\$5.50
✓ Oven Baked Nuggets & Salad (4 per serve) (Celery sticks, carrot sticks, tomato, cucumber)	\$5.50
✓ Chicken Chilli Tender Burger (2 Strips & salad)	\$6.00
✓ JNR Chicken Chilli Tender Burger (1 Strip & salad)	\$4.50
✓ Hot Chicken & Mayo Roll	\$4.50
✓ JNR Hot Chicken & Mayo Roll	\$3.50
> Hot Dog with Tomato Sauce	\$4.00
> JNR Hot Dog with Tomato Sauce	\$3.00
✓ Add Cheese	\$0.50
✓ Add Tomato Sauce	\$0.30

#### HOW TO PLACE YOUR LUNCH ORDER

#### ONE BAG OR ENVELOPE PER CHILD PLEASE

On a lunch bag or white envelope write:

Childs Name :

Food :

Drink :

Class Rm No.:

Total Money Enclosed \$

For the Junior Campus, orders are placed in the basket provided in the classrooms. At the Senior Campus orders are taken at recess.

**OR PLACE YOUR ORDER ONLINE**

**Correct money  
where possible  
please**